

# **Helpful Resources**

As many are working hard to prepare the center for financial stability, others are coping with learning to work from home and occupy the kids or help them with online schooling. While others are simply going stir crazy.

Where can I go to find out what to do next? What can I do to occupy my kids? What can I do to occupy myself? How can I stay in touch with my family? As a convenience, we have put together a list of resources to help you navigate this uncharted territory.

## **HELPFUL COVID-19 RESOURCES**

QubicaAMF Resources for COVID-19

QubicaAMF Beyond the Frame Facebook Group

**BPAA Coronavirus Resources** 

U.S. Small Business Administration

Coronavirus: Small Business Guidance & Load Resources U.S. Small Business Administration

Get Local Assistance | SBA

Interim Guidance for Businesses and Employers to Plan and Respond to Coronavirus Disease 2019

Centers for Disease Control and Prevention Frequently Asked Questions

Credit Card Relief

## STAYING CONNECTED

Free Zoom video conferencing

### LINKS FOR PARENTS

Dr. Seuss Activities

Storytime from celebrities

Storytime from space

National Geographic Family Resource

Squiggle Park

Scholastic Learn At Home projects for kids

**Scholastic Resources for families** 

Scholastic Dav Pilkey at Home

GoNoodle | Get Moving

Worksheets and Printables

Pre K – 3 Phonics

Learn to Type

### **VIRTUAL FUN**

**Bowling online** 

**Disney Parks** 

San Diego Zoo

Monterey Bay Aquarium

Boston Children's Museum

Space Center Houston App Tour

The Louvre

The Vatican

**Online Concerts** 

Home Work-Ins with Planet Fitness

#### ADULT EDUCATION

Adobe Education Exchange

Apple Teacher Resources

geh